



St Mary's C of E Primary School Newsletter

Friday 29th January 2021
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Go, shine in the world and live as Jesus lived, with compassion, honesty and integrity. ★

Dear Parents and carers,
Thank you and well done for making sure your children are attending their lessons and continuing learning. We know that it is really tricky and we want to thank you for all your effort. You are doing an amazing job whatever your personal circumstances.
Best wishes from Mr Webb and Mrs Jackson

Next week is Children's Mental Health Week

1 Fun, free and easy ways to keep primary school pupils healthy, happy and interested in cooking. For children 5-11 years

2 Follow along online with your family at a time that's convenient for you.

3 Camden residents will receive a supermarket voucher to cover the cost of ingredients. Then send in a picture of the food you've made and complete a short online survey to receive a £5 Love2Shop voucher.

4 Contact: healthandwellbeingteam@camden.gov.uk or call 020 79746736 to get your link to the education and cook along sessions and request a food shopping voucher

The theme for this year's Children's Mental Health Week is 'Express Yourself.' We will do an assembly for pupils on Friday 5th February on Mental Health Week and will look at different ways we can express ourselves even though it is lockdown.
You can find support and advice on place2be.org.uk/our-services/parents-and-carers

Camden are offering Virtual Cooking sessions for all of the family. Children love cooking. Talking and spending quality time with your child will support their self-esteem and sense of worth.

Year 3 have been learning about the Celts in history.
The Celtic people used to believe that there are over 300 Gods and they used to throw jewellery and weapons in lakes and rivers. Malak
Celtic warriors used swords, spears and shields made from Iron to protect themselves. Lacey
Celtic warriors had blue paint called woad, they had big shields. Osama
Celtic jewellery was made out of bronze or iron. Ali



Year 1 experimented with objects to see which float and which sink.



Year 2 have been learning about Important people in British history. They drew posters of Emmeline Pankhurst and included her quotes.

Important dates for your diary.....



Monday 15th February to Friday

19th February—Half term break—children not at school or learning from home.

Wednesday 31st March—last day of term

Thursday 1st April—Friday 16th April—Easter Holidays

Please help your child to be ready for school each day!

It's really important for children's learning and their emotional understanding that they see themselves as taking part in school every day. We're so pleased when we see children focused and working hard in their lessons.

Just like in school, children should have their food before and after lessons, not during lessons. They need to be sitting up with a space to write—a kitchen table is best. It's very difficult for children to focus or write if they are in their bed or lying down. Routines are important in helping children focus so please make sure they start their day by getting dressed, brushing teeth and having breakfast before their lessons. Children will find it more difficult to think about learning if they are in their pyjamas or dressing gown and have just woken up.

Our prayer...

Wednesday this week was Holocaust Memorial day

Lord, We pray for God's ancient people; the Jewish people; the first to hear your word. Let us never forget those who died in the Holocaust.

We trust in you, our God of hope.

We pray for greater understanding between people, whatever their religion, race or gender. Help us to be people of hope, love and respect for all.

Amen

I Believe

I believe in the sun though it is late in rising.

I believe in love though it is absent.

I believe in God though he is silent.



(Text, translated from the French, from an unsigned inscription found on the wall of a cave in Cologne where Jews had been hiding in the Second World War)

Informing us if anyone in your household tests positive for coronavirus

If your child or anyone in your household is tested for coronavirus and receives a positive test result, please do let us know by email to admin@stmarykilburn.camden.sch.uk so that we know that your child may not be able to join online learning and that we can check in with you to see if everything is ok.

- 1) To arrange a test you should visit nhs.uk/ask-for-a-coronavirus-test
- 2) **DO NOT WAIT!** Your child should be tested on the same day they are showing symptoms, or the next day at the latest.

The most important symptoms of coronavirus (COVID-19)



new and continuous cough



high temperature



loss of, or change in, your normal sense of taste or smell (anosmia)

A Wellbeing tip for parents...

Learning to Relax

We know how busy parents are at the moment.



Take some time for yourself this week, all you need is 15 minutes (or more if you can) to do something you find relaxing e.g. do some yoga, take a bath, go for a walk, read a book, listen to some music or take some time to just rest.

When we make time to relax and look after ourselves, this can have a positive impact on our health and wellbeing.

Stationery Packs...

We can now see that learning from home will continue for longer than we thought. We know that children will learn best if they all have the same resources as they do in school.



We will be texting you next week about collecting a stationery pack from us to support your child with learning at home. This pack will include pencils, exercise books, rulers and a whiteboard and whiteboard pen. This is for all of our families who are learning at home.