

Spring Menu 2021



Available Daily:

Freshly cooked jacket potatoes (requested in advance) with a choice of fillings

Fresh Wholemeal and other flavoured Bread baked on site daily

Fresh salad selection

ALLERGY INFORMATION:

If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.

Monday Tuesday Wednesday Thursday Friday

WEEK ONE 4 th Jan 25 th Jan 22 nd Feb 15 th Mar	Option 1	Macaroni Cheese	Chicken Sausage, Mashed Potatoes and Gravy	Roast Turkey with Stuffing & Gravy served with Roast Potatoes	Chicken Tikka Curry with 50/50 Rice	Fishfingers/ Salmon Fishfingers with Oven Baked Chips
	Option 2	Vegetable & Red Kidney Bean Pasta Bake	Vegetarian Sausages, Mashed Potato and Gravy	Vegetable Wellington with Stuffing & Gravy served with Roast Potatoes Or Plain Pasta	Chickpea Curry with 50/50 Rice	Spanish Omllette with Oven Baked Chips
	Vegetables	Sweetcorn Peppers	Cauliflower Florets Cabbage	Swede and Carrot Mash Green Beans	Broccoli Carrots	Baked Beans Peas Baked Tomato
	Dessert	Yoghurt & Fresh Fruit	Pear & Raisin Upside down Cake	Yoghurt & Fresh Fruit	Peach Crumble & Custard	Yoghurt & Fresh Fruit

WEEK TWO 11 th Jan 1 st Feb 1 st Mar 22 nd Mar	Option 1	Sweet & Sour Chicken with 50/50 Rice	Mexican Beef Chilli with 50/50 Rice	Roast Chicken with Gravy served with Roast Potatoes	Turkey & Chickpea Aloo Chaat with 50/50 Rice	Fish Fingers with Oven Baked Chips Or Sweet Potato Mash
	Option 2	Quorn Chow Mein with with 50/50 Rice	5 Bean Chilli with 50/50 Rice	Chickpea & Vegetable Loaf with Gravy served with Roast Potatoes Or Plain Pasta	Lentil and Sweet Potato Curry with 50/50 Rice	Cheese & Tomato Quiche with Chips Or Sweet Potato Mash
	Vegetables	Sweetcorn Broccoli	Green Beans Carrots	Cauliflower Florets Red Cabbage	Broccoli Baked Tomatoes	Baked Beans Peas
	Dessert	Yoghurt & Fresh Fruit	Black Berry & Apple Cobbler with Custard	Yoghurt & Fresh Fruit	Peach Upside Down Cake	Yoghurt & Fresh Fruit

WEEK THREE 18 th Jan 8 th Feb 8 th Mar 29 th Mar	Option 1	Chicken & Red Pepper Wholemeal Pizza	Turkey & Leek Pie with Gravy	Roast Chicken with Gravy served with Roast Potatoes	Beef Bolognaise with Wholemeal Spaghetti	Fish Fingers with Oven Baked Chips
	Option 2	Cheese & Tomato Wholemeal Pizza	Lentil & Basil Whirl with Mash Potato and Gravy	Bean & Lentil Burger with Gravy served with Roast Potatoes Or Plain Pasta	Soya, Lentil & Vegetable Bolognaise with Wholemeal Spaghetti	Mixed Pepper Frittata with Oven Baked Chips
	Vegetables	Cauliflower Florets Baked Tomatoes	Sweetcorn Broccoli	Green Beans Red Cabbage	Broccoli Carrots	Baked Beans Peas
	Dessert	Yoghurt & Fresh Fruit	Banana Sponge and Custard	Fresh Fruit or Yoghurt	Pear & Strawberry Crumble with Custard	Yoghurt & Fresh Fruit